

NEW ENGLAND HEMOPHILIA ASSOCIATION

Serving the Bleeding Disorders Community Since 1957



DIRECTIONS TO GENEVA POINT CENTER
108 Geneva Point Road
Moultonborough, NH 03254
www.genevapoint.org
603-253-4366

From the South

- I-93 North to Exit 23 – turn right onto Rt. 104, follow for 9 miles.
- At the junction of Rt. 4 and US Rt. 3, take a left onto Rt. 3, follow approx. 1 mile.
- At the traffic lights in Meredith, bear right onto Rt. 25, follow for 8 miles.
- Take a right onto Moultonborough Neck Road at traffic light (just beyond gas station). Follow for 5.7 miles.
- Bear left at fork in the road.
- Turn left onto Geneva Point Road and follow signs to entrance.

From the North

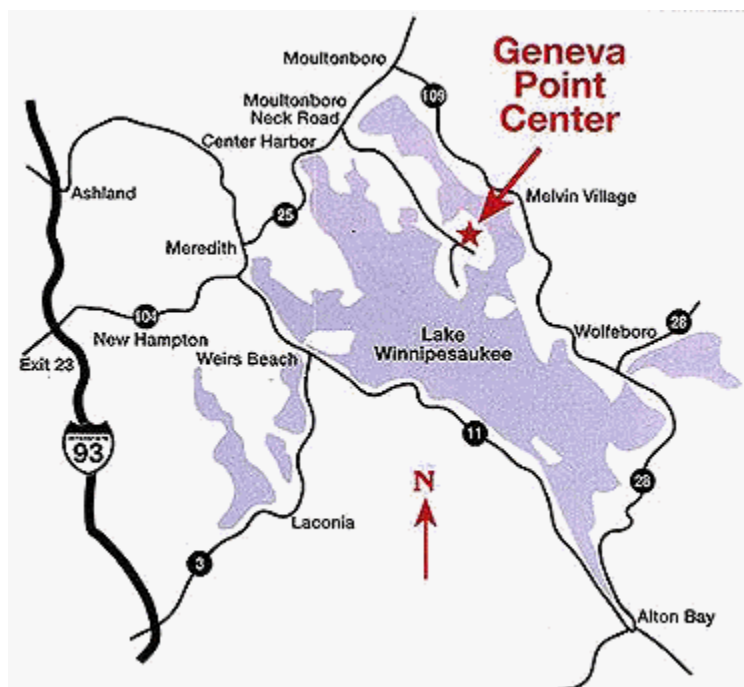
- I-93 South to Exit 23, or Rt. 16 to Rt. 25 South, and pick up above directions at either of these two points.

From the West

- Rt. 104 East - pick up above directions where route crosses I-93.

From the East

- From Rt. 16, go to Rt. 25 and then turn left onto Moultonborough Neck Rd. and follow directions





MEDICAL INFORMATION

1. **FACTOR CONCENTRATE AND INFUSION SUPPLIES:** You must bring sufficient factor concentrate and supplies to treat a head trauma AND two non-head traumas for each affected person. If you are on prophylaxis, please bring factor and supplies for scheduled treatment as well as the traumas noted above. Refrigerator space is available for storing factor.
2. There will be nurses from New England Hemophilia Treatment Centers at Camp from 12:00 noon on Tuesday through 11:00 am Saturday.
3. In the event of an emergency, Concord Hospital - Laconia, is within 25 minutes of Camp. Phone number: 603-524-3211.
4. Please bring your medical insurance cards.
5. If you need prior authorization for treatment, please be familiar with your plan's requirement for emergency care when away from home.
6. All medication must be kept discreetly in your cabin or room, or they can be brought to the nurses' station where they will be kept locked.
7. All youth under 18 who are attending Family Camp as Junior Counselors must either keep their medications with a parent or locked in the nurses' station.

As you prepare for camp, please remember that we have instituted a **no nut policy** due to the prevalence of allergies. Please do not pack items with peanuts or tree nuts including almonds, cashews, hazelnuts, Nutella or peanut butter candy.



GROUND RULES FOR FAMILY CAMP

- Lifejackets **must** be worn at all waterfront activities except swimming. Life jackets are provided.
- A lifeguard **must** be present for all waterfront activities.
- Campfires may not be started without permission from Geneva Point. If you wish to have a campfire, please contact the Camp Director.
- Please **do not** bring real or toy weapons such as knives, guns, etc.
- If you bring a bike, you **must** wear a helmet. It is also **recommended** that you wear elbow and knee pads due to the rough terrain. **No** bike riding after dark.
- Scooters, skateboards, and roller blades are **not** allowed at Camp.
- Pets are **not** allowed at Camp.
- The electrical systems are not equipped to support many electric conveniences that generate heat, so please leave the blow dryers, curling irons, toasters, coffee makers, microwave ovens, etc. at home.
- All Family Camp attendees must remain in supervised areas and participate in supervised and approved activities **at all times**.
- Parents/guardians may, at no time, leave the camp premises without their child/children unless a spouse, parent, or other legal guardian remains behind to take responsibility for their child/children.
- Children are not allowed to play on golf carts at any time. Children riding in a golf cart must have permission from a medical staff person or the Camp Director(s).
- Quiet/Courtesy Time at 10 pm each evening.

NEHA Family Camp is a drug, marijuana, and alcohol-free workplace. Alcoholic beverages, marijuana, and other illegal drugs are not allowed on campgrounds. Smoking tobacco is not permitted on campgrounds with campers present and is only permissible in places designated by Geneva Point Center. Disregard for this policy will constitute grounds for dismissal.



WHAT TO BRING TO CAMP

We recommend clothing and other items (e.g. flashlights, books, bats, gloves, etc.) be marked with your last name. This will help when we sort lost and found items at the close of camp on Saturday.

Items that are not labeled will be donated or discarded.

The following is a list of items you will need:

_____ FACTOR and supplies

- _____ Any over the counter medicine such as Tylenol, Benadryl, relief from bug bites, ice packs, etc.
- _____ Other medications such as **Epi-pens** or allergy medication
- _____ Sleeping bags or twin sheets, extra blankets, and pillow cases--linens are **NOT** provided
- _____ Extra change of sturdy shoes
- _____ Flashlights/headlamps and extra batteries
- _____ Wash cloths and towels
- _____ Toiletries including soap, shampoo, etc.
- _____ Warm clothes for the evenings
- _____ Rain gear as activities may still run outside in light to moderate rain
- _____ Bug spray
- _____ Sunscreen
- _____ Beach towels
- _____ Face masks for all members of your family

Optional items:

- _____ Fan
- _____ Umbrella
- _____ Sporting equipment and games
- _____ Water toys
- _____ Camera
- _____ Musical instruments
- _____ You may bring your own small boats and canoes. (Geneva Point does have canoes and sit-on-top kayaks available for our use). If you do bring your own watercraft, you must sign a release form and receive an orientation from their waterfront staff. Jet skis and jet ski-like boats are not allowed.
- _____ You may bring bicycles, but you **must** wear a helmet when riding. Knee and elbow pads are also recommended.
- _____ **Nut free snacks** and drinks for your cabin stored in airtight plastic containers.
- _____ Mealtimes are set by Geneva Point and may not coincide with your family's usual eating habits.
- _____ Money to purchase ice cream and snacks at the camp ice cream shop.

For those with younger children:

- _____ Diapers, wipes, baby food, formula, etc.
- _____ Port-a-crib
- _____ Stroller or wagon that can handle bumpy terrain.

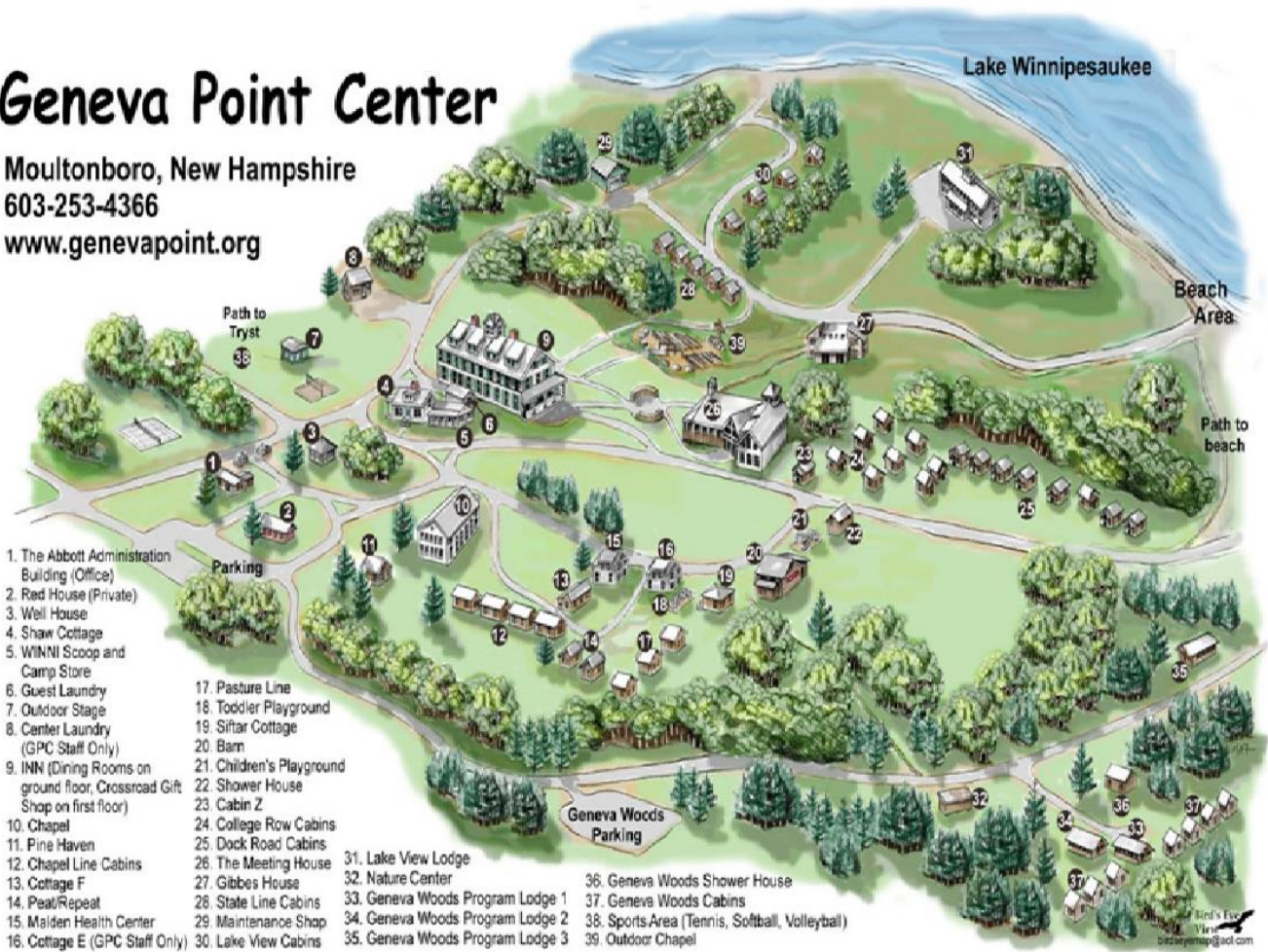
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- 1. The Abbott Administration Building (Office)
- 2. Red House (Private)
- 3. Well House
- 4. Shaw Cottage
- 5. WINNI Scoop and Camp Store
- 6. Guest Laundry
- 7. Outdoor Stage
- 8. Center Laundry (GPC Staff Only)
- 9. INN (Dining Rooms on ground floor, Crossroad Gift Shop on first floor)
- 10. Chapel
- 11. Pine Haven
- 12. Chapel Line Cabins
- 13. Cottage F
- 14. Peat/Repeat
- 15. Maiden Health Center
- 16. Cottage E (GPC Staff Only)
- 17. Pasture Line
- 18. Toddler Playground
- 19. Sitar Cottage
- 20. Barn
- 21. Children's Playground
- 22. Shower House
- 23. Cabin Z
- 24. College Row Cabins
- 25. Dock Road Cabins
- 26. The Meeting House
- 27. Gibbs House
- 28. State Line Cabins
- 29. Maintenance Shop
- 30. Lake View Cabins
- 31. Lake View Lodge
- 32. Nature Center
- 33. Geneva Woods Program Lodge 1
- 34. Geneva Woods Program Lodge 2
- 35. Geneva Woods Program Lodge 3
- 36. Geneva Woods Shower House
- 37. Geneva Woods Cabins
- 38. Sports Area (Tennis, Softball, Volleyball)
- 39. Outdoor Chapel